Cathy McCaw-Engelman worked much of her life in home health care management, prescription management and medical translation and, for more than a decade, owned Optimal Translation and Transportation Services, providing translation and transportation to clients nationwide. Since retiring in 2011, she has remained involved in the wellbeing of others through philanthropy. She is a member of the Orlando Museum of Art’s Council of 101 and, in 2017, established the Catherine McCaw-Engelman and Family Cancer Research Collaborative Fund in honor of her sister who lost a battle with cancer earlier that year.